



SONS OF NORWAY

# Edvard Grieg Lodge 657 District 5

Cincinnati-Dayton, Ohio & Kentucky

- First Lodge in Ohio -

Sons, Daughters and Friends of Norway Newsletter

July 2018

## Notes from Lodge President

Greetings! It has been a busy, but exciting couple months since our last newsletter. Lodge members have enjoyed both 17.mai and Summer Solstice, with great food and conversation. The heritage and culture that we share is prevalent, and we are keeping it alive within ourselves, family members and community. Thank you Edvard Grieg members for your ongoing commitment!

I am writing this the day before driving to LaCrosse, WI for the District 5 Convention. There will be much business of the organization to be discussed, but it will be great to meet new people, ask questions, get ideas from other lodges, as well as share some from our lodge! I am grateful this year for our lodge's delegates: Liv Ramstad, Kathy Skinner, and myself, and also Esther Charlton who is a D5 delegate (D5 Cultural Director). Bob Charlton will be present as a lodge alternate. Please reach out and thank these folks for their time and commitment to our lodge and Sons of Norway.

Last week I heard an exciting piece on the news from Norway. Norway once again shows her leading spirit as a pioneer in what was a trial flight of a battery powered airplane. Click on this link: <https://www.theguardian.com/world/2018/jan/18/norway-aims-for-all-short-haul-flights-to-be-100-electric-by-2040>.

We have a very exciting and unique opportunity in September, as we prepare for lodge member Alisa Jordheim to give a concert on Scandinavian Songs. Alisa has emerged on the international scene as an up-and-coming vocalist, and it is a great opportunity for us to hear her voice sing songs that resonate our Scandinavian heritage as well as to share in this special concert as her career moves forward. Many of us have followed her progress through her doctorate at CCM, and it is a great pleasure to be able to have her

here amidst her busy performance schedule. Alisa is a Fulbright Scholar and Fellow of the American Scandinavian Foundation. She is back from Paris and currently in Boston, preparing her role as Rosina in Rossini's 'The Barber of Seville'. If you remember from past newsletters, our Edvard Grieg lodge received a grant from Sons of Norway in support of this concert! We are working to hold this concert on Sunday, September 9th, 5pm at Friendship United Methodist Church on Springfield Pike in Wyoming. Further details to follow. We want to have a great turnout to support Alisa, so please be thinking of family and friends to invite. Please save the date!

Here is Alisa's website link:

<http://www.alisasuzannejordheim.com/>

And, a grateful thank you for the gorgeous orchid plant we received the day after 17.mai!

Hilsen, Susan Herman

## Norwegian Flag Days



### juli (July)

4 – H.M. Queen Sonja, 1937

20 – Crown Prince Haakon Magnus, 1973

29 – St. Olav's Day (Olsok)

### august

19 – Crown Princess Mette Marit, 1973

### september

none

## Reading Circle & Board Meeting

Saturday, July 7



2:00pm Reading Circle followed by 3:00pm Board Meeting

All members are welcome at either or both meetings.

Location: Panera Bread, 405 E. Kemper Rd., Springdale, OH 45246

Contact Susan Herman, 513-227-8790 or [susan.herman3501@gmail.com](mailto:susan.herman3501@gmail.com)

## Fall lodge meetings

Fall meetings are still in the planning stages, but you won't want to miss them as we have some great things in store for you.

**August 18<sup>th</sup> or 25<sup>th</sup>:** Picnic/potluck and Crazy Bingo perhaps?!

**September 9:** Concert by Alisa Jordheim on Scandinavian Songs.  
5pm at Friendship UMC in Wyoming, OH

**October 20:** Program by Elisabeth Pettersen Sonoff (it will involve food!)

**November 17:** Program on Norwegian Folk Songs and/or Dancing??

**December 8:** Julefest

More info as we coordinate and finalize, so do check the website for new postings.

## Tusen takk

We were very honored to have so many of you celebrate 17.mai at our home. It was great to share Nordic fellowship (not to mention food!). Thank you everyone for making the excursion into the city, I know it was not easy for some from the north.



Our Summer Solstice party at Susie & Glenn Mikaloff's home was fantastic and I want to thank them again for hosting, as we members always enjoy being at their home. There was a really nice turn out of members and guests and, as always, the Bjørn burgers and all the food prepared and brought did not disappoint!



*Solstice Gathering June 23 front row seated: Kjell and Lois Evensen. 2nd row seated: George Kaufman, Bob & Esther Charlton, Sharon Smythe, Nelda Chandler, Sandy Nelson. 3rd row: guest Barb Smith, Kathy Skinner, Larry Bannick, guest Linda B., Elisabeth Pettersen Sonoff, Susan Herman, Susie Mikaloff. back row: Jim Herman, Raymond Sonoff, Liv Ramstad, JoAnn Krugh, Glenn Mikaloff, Carol Luiso*

Jim Herman, Social Director  
[jpherman.edvardgrieg@gmail.com](mailto:jpherman.edvardgrieg@gmail.com) or 513-919-5218

## Birthdays

### July

Janice Betscher[7], Tim Holmen[9], Monica DuShane[13], Maria Luiso[13], Roy Solvik[16], Jorgen Jorgensen[17], Katherine Herman[23], Conor DuShane[25], Charles Romano[29], Tom Varland[29], Kristin Szava[31].

### August

Yvonne Joy[5], Sandy Nelson[12], August Scherbarth[13], Diane Flautt[14], Jean Crocker-Lakness[15], Arlene Goodison[22], Ben Downs[27], Alisa Jordheim[29].

### September

Kjell Evensen[3], Ordelle Hill[4], Ethan Peake[6], Nancy Vallette[6], Larry Welin[19], Chris Butterworth[20], Brandi Norman[20], JoAnn Krugh[26], James P. Herman[28].

## Membership

We are really on a roll, gaining new members. This is fantastic! Three new people are now members of our lodge. At the moment we have 84 members and we are aiming for 100 by the end of the year.

Joining us is Fred Sanborn, who was a member in the past. In fact when he first joined a few years ago, it was at the Ashville Viking Festival. Conor DuShane, son of Monica, had shown some interest in our programs. When he was helping in the booth at Dayton, he decided it was time to join.

George Kaufman found our lodge website and came to our lodge meeting in April. He decided we were the group for him as he has friends in Norway that he visits every year. There is more info on George elsewhere in the newsletter.

If you know of someone that might be interested in the lodge, contact me.

Esther Charlton, Membership Secretary  
513/923-3798 [esthersofn@aol.com](mailto:esthersofn@aol.com)

## New Member - George Kaufman

I am Vice President at UBS Financial services - Wealth management. I have a B.S. In Economics from Miami University, Oxford Ohio and a B.A. in Philosophy from Miami. I have a Series 7, 66 and Ohio Life, accident and health and Variable annuity licenses. I am a CERTIFIED FINANCIAL PLANNER™ - CFP® and a CHARTERED RETIREMENT PLANS SPECIALIST™ - CRPS® My wife Danielle and I have been married for 15 years, live in Lebanon, Ohio and have no children but we do have two dogs that act very similar to children - young children... I have been active in Rotary for many years and enjoy Tennis, golf and Gardening.

Years ago my wife and I were on vacation in Mexico and met a Norwegian couple. We hit it off and ever since have been vacationing with them a few times a year. We have gone to Norway several times (Our friends live in Tonsberg) and will be there for 3 weeks this July. They have taken us all over the country from Lofoten to Oslo, Ulvik to Bergen (this summer) Hardangervidda to Trollstigen and through dozens of wonderful little fjord rimmed towns, endless tunnels, mountains, peel and eat shrimp, AAS øl, Polser (from Narvesen of course), fishing everywhere and of course fine dining. They also have a very healthy cadre of friends who like to "Fest og ha det gøy" so I thought it might be a good idea to learn the language. I've been on somewhat of a self-study regimen for about a year and interestingly enough I ran across the Sons of Norway website trying to find someone who would be willing to give me some language lessons. It just so happened that the Sons were having a meeting the very next day at the library in Sharonville. I went to the meeting and the rest is history.

## In search of creative ideas for lodge banner

Edvard Grieg board members are reaching out for your input and help to create and make a lodge banner that our delegates can take and display at the next District 5 Convention (2020). If you have creative ideas, crafty helping hands, or like to sew, you are eagerly encouraged to contact Sharon Smythe ([shanannohio@gmail.com](mailto:shanannohio@gmail.com)) to help with this project!



## Festivals!

Our lodge participates in two spring festivals every year. These festivals help us promote Sons of Norway and are a fundraiser for our lodge. We do keep looking for a fall festival.

The ASHVILLE VIKING FESTIVAL is always the last weekend of April. Ashville is about 20 miles south of Columbus. It is kind of like a Renaissance Festival but with a focus on Vikings.

We want to thank Larry Bannick for securing our booth and helping us set up on Saturday. Sharon Symthe and Nelda Chandler also helped in our booth this year. This year the weather was a bit of a hindrance for our sales, it was very cold.

The DAYTON INTERNATIONAL FESTIVAL is always on the third weekend of May. This year, as it turned out, our booth was in a great location, and we had great sales and traffic. Each year there is a drawing for booth locations so we have never been in the same location twice for this festival.



*Picture of Liv Ramstad with her mother's bunad vest (which was on display at the Dayton International Festival). The note says "made by Petrine Rypdal, 90 years ago when she was 18 yrs. old, Tresfjord, Norge".*

We had some new helpers this year along with our regulars. We want to give thanks to our newbies Liv Ramstad, Susan Herman, Kathy Skinner and Monica DuShane with her family. Her son Conor enjoyed it so much he joined the lodge. Adam Sokol took care of our lodge's shift at the registration desk.

Then there are those that have been with us for many years, Tim and Connie Holmen, Larry

Bannick, Sharon Smythe and Nelda Chandler and her granddaughter Shelby. Of course, my husband Bob was there.

This festival is a lot of fun and we hope to get some more of you involved next year.



*Connie Holmen and Esther Charlton tending the booth at International Dayton Festival.*

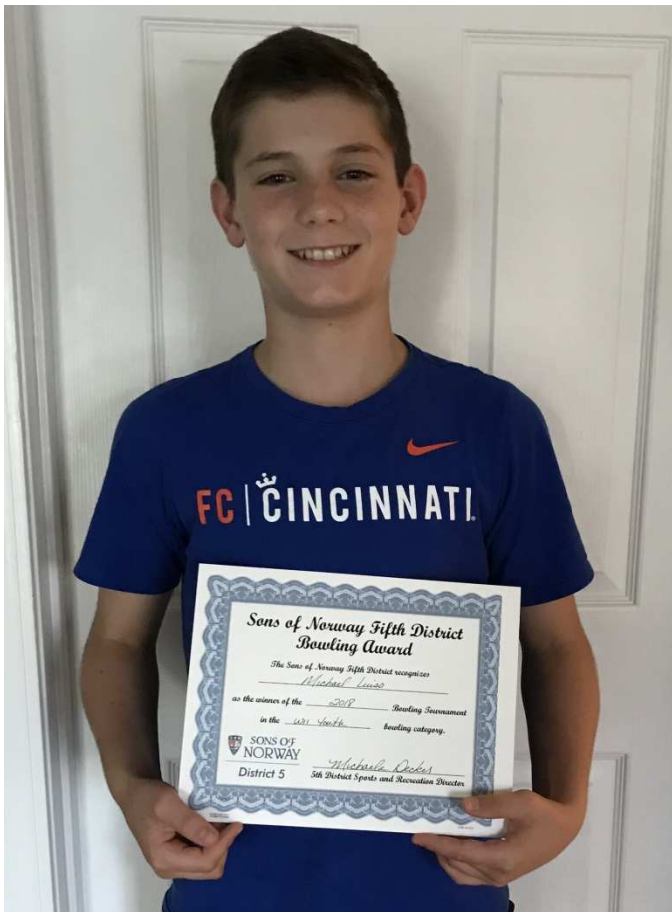


*Tim Holmen (holding items for sale) and Esther Charlton in background at International Dayton Festival.*



*Tim Holmen and Susan Herman (carrying the flag in the Parade of Flags) at Dayton International Festival.*

## Congrats to D5 Bowling winner!



Congratulations to Michael Luiso, son of Lee & Tracy Luiso, and grandson of Carol Luiso. Michael and Carol participated in the District 5 Bowling tournament during January-April, and Michael received a certificate this past week as a winner in the Youth category, ages 12-17. Michael is 13, his average for Wii bowling was 160, and he and his grandmother Carol have enjoyed Wii bowling for several years. Thank you from Edvard Grieg Lodge, Michael and Carol, for participating in the D5 bowling.

## Baking the Norway Way

*Baking the Norway Way: Cakes, Cookies and Crackers* by Elisabeth Pettersen Sonoff

In December last year I finally published the baking book I had been working on for many years. Ever since I came to this country I had wanted to share with my American friends how to make the cakes, cookies, and crackers that my mother made. On trips to Norway I would copy mother's recipes. Other recipes were generously shared by my friends and some came from the College of Home Economics in Oslo that I graduated from. However, converting Norwegian

recipes in metric to American ways of measuring in cups and ounces was not an easy task. It was not until electronic scales became available that I could accurately and easily convert ingredients into measures used by the American baker. In recent years much of the equipment we use in Norway, such as electric waffle and krumkake irons, has become available in houseware stores or online in this country making it possible to reproduce "the real thing."



This book is not a complete collection of Norwegian baking, but it represents what I grew up with and regularly bake for my family and friends. I am sure there are cakes or cookies others make that I have not included. What I hope is that when somebody of Norwegian heritage reads the book they will say: "My mother used to make this." Also, I hope that it will be used to introduce younger bakers to baking the true "Norway Way."

Happy Baking!

To read more about the book visit:

[bakingthenorwayway.com](http://bakingthenorwayway.com)

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