SONS OF NORWAY



Edvard Grieg Lodge 657 District 5

Cincinnati-Dayton, Ohio & Kentucky

- First Lodge in Ohio -

Sons, Daughters and Friends of Norway Newsletter

December 2014

From the President

Did you all see the recent survey that Norway was ranked the world's most prosperous country? Scandinavia fared well overall, too. In addition to Norway's taking the top spot, Denmark ranked fourth, Sweden ranked sixth, and Finland ranked eighth. The study, now in its eighth year, takes into accounts each country's economy, entrepreneurship, governance, education, personal freedom, health, security, and social capital.

It is almost time for Julefest, Have you thought about what food item you will bring? See more info on Julefest elsewhere in the newsletter.

Let us reflect on our last two lodge events. In October, Deanna Kindell gave us a very informative presentation on being a host family for exchange students. Deanna and her husband have had girls from Norway, Finland and Switzerland come live with them as exchange students. Next year they are planning a trip to visit all of their former exchange students.



Sons of Norway members with Erik Zarnitz and Courtis Fuller

On Sunday, November 16, a group of us went to Channel 5 for a tour by Erik Zarnitz, their weekend weatherman. Erik is a Sons of Norway member, but not of our lodge, yet. After our tour, we were able to sit in the studio while Courtis Fuller and Erik did the 6 p.m. news broadcast. We had a great time chatting with Courtis and Erik, before and after

the newscast. We found out that Courtis Fuller has been a newscaster for 26 years, and is a delightful person.

Our January lodge meeting will be on Saturday, January 17 at 2 p.m. at the IHOP on Colerain Ave. Write the date and time on your calendar now. We will install our new officers and learn about the background of the movie *Frozen*.

Talking about our board, our lodge has two year terms and a limit of two terms, which means four years in one position. Several of our board, have served four years so you will see some changes. We are still in need of a secretary for the lodge. If you could fulfill the position of lodge secretary talk to one of the officers. We will let you know when we have our board meetings.

The holiday season is a great time to give the gift of membership in Sons of Norway. You can either use the application that you can print off our lodge website, or call the 800 number listed in the Viking magazine, to become a member.

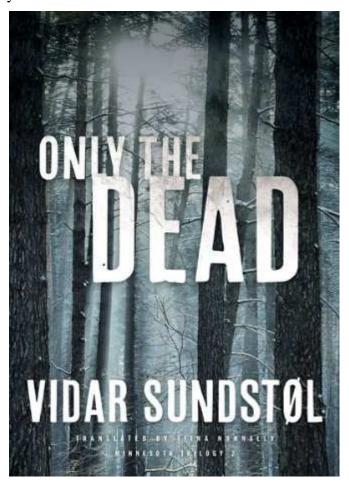
We are hard at work planning lodge programs for next year so hope to see you all soon. Esther

Reading Circle

Jan 3 - 2:30-4 p.m.

When we meet Saturday, Jan 3, we'll be discussing *Only the Dead*, the second book in author Vidar Sundstol's Minnesota Trilogy. After discussing the first book at our last meeting, we're all looking forward to finding out what happens next! The story continues with Lance Hansen, who had discovered the body of a young Norwegian tourist on the North Shore of Lake Superior.

Vidar Sundstøl is the acclaimed Norwegian author of seven novels, including the internationally best-selling Minnesota Trilogy, which he wrote after living on the North Shore of Lake Superior for two years.



Books are available through the Cincinnati/Hamilton County Library System.

We meet from 2:30-4 pm at Panera Bread, (across from Tri-County) 405 E. Kemper Rd., Cincinnati 45246 and everyone is welcome.

For more information or to RSVP contact Carol Luiso 513.683.3631 or CHLuiso@aol.com

Birthdays

December

Lois Evensen[5], Susie Mikaloff[7], Esther Charlton[12], Leah Sedler[12], Nicholas Chandler[13], Ed Charlton[13], Teresa Lowen[15], Carol Olson[16], Kim Pillman[25], Aida Storetvedt[26], Konrad Nelson[29].

January

Francis Kosobud[1], Connie Holman[10], Anna Reeder[11], Kelly Lawson[28].

February

Aaron Nelson[5], Sylvia Casas[15], Robert Bowman[17], Linda Burge[17],Mark Kosobud[20], Helge Bjorvik[21], Karl Halvorson[21], James D. Herman[22] George Bjorvik[28].

Julefest

Sunday, December 7 – 4:30 p.m.



Our annual Julefest will be on Sunday, December 7, at 4:30. It will be in Augsburg Lutheran church at 11676 Hamilton Ave. 45240. The church is just a little north on Hamilton Ave, from I-275, exit 36. As soon as you pass the Speedway, be ready to turn right into the church.

The lodge will provide the meatballs, potatoes and lefse, and there will be lefse for sale. We will need you to bring salads, vegetables, desserts and appetizers.

There will be a bake sale. The Norsk Butik will be open for your Christmas shopping as well.

Please RSVP to Esther at 513/923-3798 or <u>ESthersofn@aol.com</u> by December 3, with what food item you will bring to Julefest.

Baked Goods for Sale!

Again this year, we will be filling a table with Scandinavian or American baked goods to sell at Julefest. If you enjoy baking and would like to donate baked goods, bring your labeled items to Julefest Sunday afternoon, Dec 7. Any donations will be very much appreciated!

Lefse for Sale!

Is lefse a tradition in your home at Christmas? If you don't have the equipment or time to make, lefse will be on sale again this year at the bakery table. The lefse is from Countryside Lefse in Blair, WI, and is an Old-world Norwegian lefse like mothers used to make!

Ole and Sven best buds!!!

'Hello, is dis the Sheriff's Office?'
'Yes. What can I do for you?'
'I'm calling to report 'bout my neighbor Ole
Johnson...He's hidin' marijuana inside his firewood!
Don't quite know how he gets it inside dem logs,
but he's hidin' it dere.'

'Thank you very much for the call, sir.'
The next day, twelve of the finest Sheriff's
Deputies descend on Ole's house. They search the
shed where the firewood is kept. Using axes, they
bust open every piece of wood, but find no
marijuana. They sneer at Ole and leave.
Shortly, the phone rings at Ole's house.
'Hey, Ole! Dis here's Sven....Did the Sheriff come?'
'Yah!'

'Did they chop your firewood?'
'Yah!'

'Happy Birthday, buddy!'

Saving the Nordic Brown Bee

By SON Viking E-Post



Honey ale or mead, a celebratory drink enjoyed by the Vikings and the favorite beverage of Norse mythology's gods in Valhalla, has a long history throughout Europe and Scandinavia. Made by fermenting water and honey with yeast, Viking beekeepers harvested honey from skeps - coiled baskets of straw. Today, a return to beekeeping in the Nordic countries is helping to rescue a special breed of bee.

The Nordic brown bee (Apis mellifera mellifera) was at one time thriving throughout Europe, present from Russia to the Alps to the British Isles. Outfitted with longer hairs that protected it from the colder northern climate, the Nordic brown bee was well suited to the shorter summer flower season and its winter hardiness, cold weather flight strength and longevity helped to ensure minimal winter losses to the hive. While the Nordic brown bee does not have a large commercial appeal - some colonies can be aggressive and defensive and their honey consistency can be thinner on the comb - the bees do have a better resistance to viruses and mites. Despite these key characteristics, the Nordic brown bee is currently endangered. Years of selective breeding, genetic variation, hybridization and modern farming methods have reduced and diluted the population of pure Nordic brown bees to low levels.

In an effort to increase and assess the conservation of the breed, a series of successful projects in the Nordic countries have been giving a boost to the Nordic brown bee population. On Læsø, a Danish island off the northeastern coast, the Læsø Biavlerforening (beekeepers association) has for many years operated a strict breeding program to protect and ensure the survival of the breed in Denmark.

In Luleå, Sweden, a similar project has been underway since the early 1990s. Started with the aid of funding from the World Wildlife Foundation (WWF) the project has a goal of establishing 2,000 colonies in Sweden. While the majority of the Nordic brown bee colonies are currently found in Norway - roughly 1500 - the only Nordic country that does not have any Nordic brown bees is Iceland.

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